IN-SPA MASSAGES

All massages are full body massage unless otherwise indicated with an*

CALMING TOUCH MASSAGE - 60 mins \$135 | 90 mins \$185

Indulge in a deeply soothing experience that begins with rejuvenating tropical Caribbean scrub, gently exfoliating your back to refresh and awaken your senses. This is followed by a luxurious full-body massage, featuring long, flowing techniques designed to melt away tension and invite total relaxation.

TENSION RELIEF MASSAGE - 60 mins \$150 | 90 mins \$185

This massage blends varying pressure levels, allowing your therapist to focus on specific areas while incorporating gentle stretching to relieve stiffness, tightness, and sore muscles. If you have knots and tension but prefer a firm touch over deep tissue work, this massage is the perfect choice for you.

HOT STONE MASSAGE - *60 mins \$165 | 90 mins \$195

Experience the soothing warmth of heated stones as they gently melt away tension, enhance circulation, and promote deep relaxation. By improving blood flow and delivering more oxygen to your muscles, this therapy helps relieve aches and pain while reducing stress and anxiety, leaving you feeling refreshed and rejuvenated.

SERENITY BLEND MASSAGE - 60 mins \$165 | 90 mins \$195

Indulge in the ultimate massage experience—a seamless blend of Hot Stone therapy, Tension Relief, and Blissful Touch techniques. This luxurious fusion melts away stress and leaves you feeling weightless, as if floating on a cloud of pure serenity

IN-ROOM MASSAGE - 60 mins \$190 | 90 mins \$260

Enjoy this therapeutic massage in the comfort of your room. Let your skilled therapist work to relieve tension in your body. Reservation required 24 hours in advance..

COUPLES MASSAGE - 60 mins \$280 (per couple)

Share a blissful experience with your special someone while still enjoying a massage tailored to your individual needs. As you relax side by side, let the love flow while our skilled therapists use personalized techniques to melt away stress and tension, creating the perfect moment of connection and tranquility.

MOM-TO-BE-MASSAGE - 60 mins \$150

Designed especially for moms-to-be, this nurturing massage provides the care and attention you deserve. Gentle, soothing techniques help reduce anxiety, ease muscle tension, and relieve joint pain, promoting relaxation and well-being for both you and your growing baby. (Not performed during the first 3 months of pregnancy.)

SAUNA AND STEAM ROOM - 60 mins \$25

Whether you prefer dry or moist heat or both, this experience is great for relieving stress, muscle relaxation, workout recovery, improving circulation and detoxification. This experience is complimentary with your massage.

FOOT REFLEXOLOGY - *25 mins \$85 | 60 mins \$140

Treat your feet to a heavenly experience with our specialized reflexology massage. Gentle pressure is applied to key reflex points, easing aches, boosting circulation, and promoting overall wellness. Your treatment concludes with an invigorating rosemary and peppermint foot scrub, leaving your feet refreshed and revitalized. (scrub not included in 25 min)

DEEP TISSUE NECK AND BACK MASSAGE - *25 mins \$95

This massage goes beyond just applying deep pressure. By specifically targeting the fascia, muscles, and tendons, it helps improve joint mobility, enhance posture, and promote overall well-being—offering both therapeutic relief and relaxation.



FACIALS

RERESHER FACIAL - 30 mins \$95

If you are looking for a facial to boost your skin, then this is the perfect facial for you. It will help renew your skin cells by increasing blood and oxygen circulation while leaving the skin refreshed and relaxed. (Extraction and steam are not included).

CLASSIC FACIAL - 55 mins \$130

This deep cleansing treatment includes a detoxifying steam, gentle cleanse, soothing face, neck, and shoulder massage, precise extractions, and a revitalizing mask—bringing instant radiance and a fresh, glow to your skin. (Great for both men and women)

AGELESS BEAUTY FACIAL - 90 mins \$190

This revitalizing Anti-Aging Facial targets the microscopic changes in your skin that contribute to aging. Infused with powerful antioxidants and vitamins, it absorbs quickly to nourish, strengthen elasticity, and smooth fine lines. The treatment leaves your skin radiant, firm, and luminous. For an added boost, rejuvenating eye treatment is included to refresh and brighten your look.

SKIN GLOW FACIAL - 55 mins \$145

Quench your skin's thirst with our ultra-hydrating facial, designed to restore moisture, and enhance your natural glow. This nourishing treatment features deep hydration with replenishing serums, soothing massage techniques, and a moisture-rich mask to leave your skin feeling soft, dewy, and refreshed.

Add-Ons:

\$25 Eye Treatment (puffiness & fine lines) | \$25 Décolleté Treatment (neck & chest) \$15 Foot Massage | \$5 Foot Mask | \$10 Foot Scrub

SERENITY POINT GAZEBO MASSAGES

SPA ON THE CLIFF

ISLAND FLOW MASSAGE (per person) - 60 mins \$160 | 90 mins \$220

Inspired by the essence of the sea and the healing art of lomi lomi foot massage, this full body massage takes you on floating experience in paradise. This rhythmic massage, performed with hands and forearms, restores balance while relieving muscular tension and stress.

HANAKASUMI (per person) - 60 mins \$179

Just like the soothing sounds of the ocean, this combination of massage techniques balances your energy and releases mind and body stress while rekindling the flame of love.

INDONESIA ANCESTRAL SIGNATURE TREATMENT (per person) - 60 mins \$170

Drawing from ancient Indonesian traditions, the Indonesia Ancestrale Body Ritual restores balance with Mayonggo breathing and a soothing massage. Breathe in the calming scents of jasmine and sandalwood as tension melts away.

COUPLES RENDEZVOUS MASSAGE (per couple) - 60 mins \$320 | 90 mins \$440

Customized with a blend of massage techniques of deep and relaxing, this experience ensures both you and your partner enjoy a deeply personalized and rejuvenating retreat as the gentle sounds of the waves transport you on an incredible journey.

ROCK POOL EXPERIENCE

Select from two unique experiences to immerse yourself in our Thalasso pool.

SPA ON THE ROCKS

(per person) - 60 mins \$170

Relax with a 25-minute neck and back massage to melt away tension, followed by a rejuvenating Thalassotherapy session in our rock pool. As the mineral-rich water nourishes your skin, sip on a refreshing island cocktail while soaking in breathtaking ocean views.

LUMINOUS SUNSET DREAMS

(per person) - 30 mins \$140

There's nothing more beautiful than watching the sunset with someone you love. Indulge in a romantic Thalassotherapy experience as you sip champagne and share chocolate-covered strawberries. (Must be booked 24 hours in advance.)

BODY TREATMENTS

SEAWEED WRAP - 55 mins \$140

Immerse yourself in the healing power of the ocean with our luxurious Seaweed Wrap. This detoxifying treatment nourishes your skin with mineral-rich seaweed, helping to eliminate toxins, boost circulation, and deeply hydrate.

LAVENDER AND HONEY BODY WRAP - 55 mins \$140

Wrap yourself in pure relaxation with our Lavender & Honey Body Wrap, a nourishing cocoon designed to soothe, heal, and deeply hydrate your skin. The calming essence of lavender eases the mind and relaxes the body, while honey replenishes moisture, leaving your skin soft, radiant, and beautifully refreshed.

TROPICAL ESCAPE BODY SCRUB - 55 mins \$130

Transcend into the beautiful aromatic world of Serenity SPA during this anti-aging exfoliation. French sea salt and organic fruit extract enriched in pro-Vitamin A and carrot seed oil are applied to your recreating the seawater ambiance. This revolutionary anti-aging, salt mousse refines your skin unlike any other exfoliation treatment. You will enjoy a silky-smooth and remineralized skin.

ISLAND COFFEE SCRUB - 55 mins \$130

Revitalize your body and mind with our invigorating Coffee Scrub. This energizing treatment combines gentle coffee granules and sugar beads to exfoliate, boost circulation, and enhance your skin's natural radiance.

HYDROTHERAPY BATH - 30 mins \$70

Let tension melt away as warm, bubbling water soothes your body and mind. Gentle jets relax sore muscles, ease stress, and restore balance. Step in, unwind, and let serenity surround you. Perfect as a stand-alone treatment or paired with a body scrub, wrap, or massage for a deeper sense of renewal.

Add-Ons:

Neck & Back Massage - 25 mins \$55 (not a standalone treatment)



SPA PACKAGES

ESSENCE ESCAPE - 90 MIN \$190

Surrender to stillness with our Essence Escape—a soul-soothing journey that begins with a warm hydrotherapy bath, infused with calming aromas to melt away tension. Followed by a Tension Relief massage.

SCRUB AND WRAP COMBO - 90 mins \$200

Begin with a body scrub of choice to remove dead surface skin cells followed by the wrap of your choice. This will improve you skin texture while leaving you feeling relaxed and reiuvenated.

CREATE YOUR PERFECT SPA EXPERIENCE BY CUSTOMIZING YOUR OWN

TREATMENT PACKAGE - \$225 (per person) Choose any three treatments from the options below to design a personalized journey of relaxation and rejuvenation.

> Neck and Back Massage - 25 mins Foot Reflexology - 25 mins Island Coffee Scrub - 30 mins Refresher Facial - 30 mins Hydrotherapy Bath - 30 mins

COUPLES PACKAGES

ENCHANTED COUPLES ESCAPE

55 mins \$230 (per couple)

kissable glow.

Show your romantic side and pamper yourself with that special someone which will heighten your senses and ignite the flame of love.

Calming Touch Massage - 40 mins Foot Scrub and Massage - 15 mins

COUPLES KISS - 60 mins \$260 (per couple) Enjoy quality time side by side as stress melts away, leaving you with softer, more radiant skin and tension-free muscles-perfect for a truly

Foot and Calves Massage - 20 mins

Neck and Back Massage - 30 mins Hydrating Face Treatment - 10 mins Glass of Champagne

COUPLES ROMANTIC BATH - 30 mins \$130

one while you sip on bubbly and savor fresh tropical fruits. A perfect way to feel relax in each other's arms.

Package Upgrade: Deep Tension - \$15 (per person)

CHAMPAGNE DREAMS - 90 mins \$350

(per couple)

Love is in the air with this flutter of romance experience.

Calming Touch Massage - 60 mins Bubble Bath - 30 mins Champagne and Savor Exotic Fruits





EXPRESS PEDICURE - \$50

This treatment includes a quick soak, nail shaping, cuticle care, and a polish of your choice, leaving your feet looking neat, polished, and refreshed.

Add-Ons:

French Polish - \$10

BLISSFUL PEDICURE - \$85

Unwind with this foot escape to paradise. Begin with a soothing foot soak to relax you. A Caribbean blend scrub will invigorate you and the warm mask will hydrate your feet. This treatment will leave your feet dancing on air.

Add-Ons:

Callus Treatment - \$10

Add-Ons:

Gel Removal - \$10 (Manicure and Pedicure) **Gel Polish - \$20** (Manicure and Pedicure)

WAXING SERVICES

LIP AND CHIN - \$20

UNDERARM - \$25

CHEST OR BACK - \$50 (starting at)

HALF LEG - \$40 | FULL LEG - \$60 (starting at)

BIKINI - \$30 | BRAZILIAN - \$60 (starting at)



APPOINTMENTS + CANCELLATIONS

RESERVATION

We recommend that you make your reservation in advance; however, same day and walk in are welcome based on availability.

CANCELLATION OR RESCHEDULE

Should you wish to reschedule or cancel your appointment, please call Serenity Spa 24 hours in advance during spa hours. Failure to reschedule or cancel in advance will result in a 50% charge. No shows will result in a 100% charge.

ARRIVALS

Please arrive 15 minutes prior to your appointment to complete any forms needed prior to your service and to prepare for your treatment.

LATE SHOW

As a courtesy to our clients, late arrivals will receive the remaining available appointment time and will be charged the full service.

CELL PHONES

To ensure all of our guests are enjoying a serene environment, cell phones must be on Silence Mode in the $\mbox{\rm Spa}.$

NEED HELP CHOOSING YOUR TREATMENT?

Our spa team will help you plan the perfect spa experience based on your specific needs and vacation plans.

WHAT TO WEAR

Depending on your treatment robe, slippers and a locker will be provided for you upon arrival to the Spa. Our spa personnel will guide you through the process.

SHOULD YOU SHAVE BEFORE A TREATMENT?

Shaving is not recommended prior to any body exfoliation treatments and hair removal services. However, we ask that men shave two hours prior to the scheduled treatment.

GIFT CERTIFICATES

Spa Gift Certificates are a wonderful way to give the gift of well-being to those special people in your life. Gift certificates may be purchased at the Spa Reception.

VALUABLES

The Spa is not responsible for damage, loss or stolen belongings. Please leave your valuables in the safe in your room.

Discounts do not apply to spa packages, couples packages, in-room massages, express services, add-ons, gazebo services, salon services, and zen garden and cannot be combined with additional discount. Prices reflected as of May 2025.



DIAL EXTENSION 6246 (IN-ROOM)

1 Rhine Rd, Maho, Sint Maarten

+1.721.546.6246 | SERENITYSPA@SONESTASTMAARTEN.COM | SONESTA.COM/STMAARTEN